The Simon Fraser University Gerontology Research Centre and BC Psychogeriatric Association in collaboration with the SFU Liberal Arts and Adults 55+ Program cordially invite you to attend the joint 26th John K Friesen & 20th BCPGA Annual Conference

**Promoting Mental Health in Later Life: Mobilizing Knowledge into Practice**

May 18-19, 2017

Segal Centre, SFU Vancouver Campus, 515 West Hastings Street, Vancouver B.C.

**Program**

**Day 1 - Thursday May 18**

8.00am-9.00am  Registration
9.00am-9.15am  Welcome and Introduction – Conference Co-chairs
   **Andrew Wister** - Director, SFU Gerontology Research Centre  
   **Shannon Freeman** – Co-President BCPGA

9.15am-9:45  Keynote Address –  
   **Kiran Rabheru** – Co-Chair, Canadian Coalition for Seniors’ Mental Health

9.45-10.45 am  Symposium 1: Housing Challenges and Mental Health  
   Chair: TBA
   Housing Insecurity: A Growing Problem for Seniors  
   **Tish Lakes**, Executive Director, Okanagan Advocacy and Support Centre
   Supply-side Facts and Figures: Findings from CMHC's Annual Seniors Housing (Assisted Living) Survey  
   **Eric Bond**, Senior Market Analyst, CMHC

   Canada’s National Housing Strategy and Examples of Innovative Housing for Seniors  
   **Elizabeth Tang**, Knowledge Transfer Consultant, Knowledge Transfer and Outreach Division, BC Business Centre, CMHC

10.45am-11.00am  Coffee Break

11.00am-12.00pm  Symposium 2: Pets and Mental Health for Seniors
Chair: Chair: **Dan Levitt**, Executive Director Tabor Village, Abbotsford, BC, Adjunct Professor, SFU Gerontology & Board Member, Global Aging Network (formerly IAHSA)

Benefits, Issues and Rights of Pet Owners and Home Care Service Providers  
**Martha Jane Lewis**, Executive Director, Seniors First BC

A Glance at Pets in Residential Care  
**Kathy Nduwayo**, Site Leader/Director of Care, Cartier Care Centre, Park Place Seniors Living, Coquitlam, BC

Carving out a Place for Pets in the Age-friendly Agenda: Findings From a Mixed Methods Case Study  
**Ann Toohey**, Doctoral Candidate, Community Health Sciences, University of Calgary

**12.00pm-1.00pm** Lunch

**1.00pm-02.15pm** Symposium 3 - Substance Use in Later Life  
Chair: **Sarah Canham**, Research Associate SFU GRC & Convener, Aging, Alcohol and Addictions Interest Group, Gerontological Society of America.

**Louise Holland**, Manager Specialized Services, Northern Health  
**Michael Krausz**, UBC Leading Edge Endowment Funds Chair for Addiction Research  
**Marilyn White-Campbell**, Geriatric Addictions Specialist for the CAMH Geriatric Mental Health Outreach Team, Toronto

**2.15pm-2.45 pm** Mental Health First Aid for Seniors: A New Program to Support Seniors’  
Chair: TBA  
**Mireille Cyr-Hansen**, Mental Health Commission of Canada

**2.45pm-3:00pm** Coffee Break

**3:00pm-4:00pm** Symposium 4 - Strengthening the Caregiver Community: Promoting and Supporting the Mental Health of our Caregivers  
Chair: **Kim Duffus**, Island Community Mental Health

**Pam Lewis**, Director, Program Development, Island Community Mental Health  
**Jodie McDonald**, Executive Director, Cowichan Family Caregivers Support Society

**4:00pm-5:15pm** Symposium 5– Addressing Loneliness and Social Isolation  
Chair: **Andrew Wister**, Director, Gerontology Research Centre SFU & Chair, National Seniors Council

From “**It Gets Me Out of the House**” to “**Such a Wondrous Thing**”: Learning at 55+ as An Antidote to Loneliness.  
**Mark Smith**, Coordinator, Liberal Arts & 55+ Program, Continuing Studies SFU

Enhancing Older Adult Social Engagement Through Digital Games: What Have We Learned?  
**David Kaufman**, Professor, Faculty of Education, SFU
Kristine Theurer, Founder and President, Java Group of Programs, Inc.

Winnipeg's Senior Centre Without Walls: A Social and Educational Program Reaching Out to Socially Isolated Older Adults
Nancy Newell, Assistant Professor, Department of Psychology, Brandon University and Kristin Reynolds, Assistant Professor, Psychology Department University of Manitoba

7:00pm - 9:00pm  
PUBLIC LECTURE

Chair: Roz Kaplan, Director, Liberal Arts & Adults 55+ Program, Continuing Studies SFU

Speaker: Kiran Rabheru, MD, CCPP, FRCP, DARP – Professor of Psychiatry, University of Ottawa, Medical Director Geriatric Psychiatry, Ottawa Hospital, Past-President Canadian Academy of Geriatric Psychiatry & Co-chair Canadian Coalition for Seniors’ Mental Health

Sponsored by the Ting Foundation

Day 2 Friday, May 19

8:00am-9:00am Registration
9:00am-10:00 am Concurrent Lectures

Lecture A- Segal Centre Rooms 1400-1410
Pharmacological and Non-Pharmacological Treatment of Depression
Chair: Corinne Painter, Island Health Seniors Outpatient Clinic, Royal Jubilee Hospital, Victoria, BC

Sanjeet Pakrasi, Geriatric Psychiatrist, Vancouver Island

Lecture B-Segal Centre Rooms 1420-1430
Sleep Matters: Improving Sleep Quality For Older Adults
Co-chairs: Sarah Canham & Barry Worsfall, SFU Gerontology
Glenn Landry, Post-doctoral Fellow, Aging Mobility and Cognitive Science Lab, UBC

10:00am-10:15am  Coffee Break

10:15am-11:45pm  Concurrent Symposia

Symposium 6 - Segal Centre Rooms 1400-1410
Health Care Consent, Aging and Dementia – Who Decides What?
Chair: Barbara MacLean, Executive Director, Family Caregivers of British Columbia

Krista James, National Director, Canadian Centre for Elder Law
Alison Leany, Provincial Coordinator, Vulnerable Adults Community Response in Services to Adults, Public Guardian and Trustee of BC
Barbara Lindsay, Director of Advocacy and Education, Alzheimer Society of BC

Symposium 7 - Segal Centre Rooms 1420-1430
Cultural Considerations in Community Outreach Services
Chair: Chair: Marissa Stalman, former RN Mount St. Joseph’s and Holy Family Hospitals & currently a Masters Student in the SFU Gerontology Department

Winnie Lau, Geriatric Psychiatry Outreach Team, Vancouver General Hospital
Elsuko (Joy) Masuhara, Vancouver Coastal Health
Heather McAdie, Geriatric Psychiatry Outreach Nurse, Mount St. Joseph’s Hospital

11:45am-12:15  Concurrent Presentations
Segal Centre Rooms 1400-1410

Segal Centre Rooms 1420-1430

12:15pm-1:15pm  Lunch

1:15-2:30 pm  Concurrent Symposia
Symposium 8- Segal Centre Rooms 1400-1410
Tele-Mental Health Services
Chair: TBA

Kendall Ho, Professor, Faculty of Medicine, UBC & Lead, Digital Emergency Medicine

Evidence for Telehealth and Computerized Cognitive Assessment – The Last Decade
Melinda Martin-Kahn, Post-doctoral Fellow, Centre for Research Excellence in Telehealth, University of Queensland, Queensland, Australia

My Experience in Delivering Tele-mental Health Services to Seniors in Rural and Remote Communities
Sanjeet Pakrasi, Geriatric Psychiatrist, Vancouver Island
Symposium 9: Segal Centre Rooms 1420-1430
Recognizing and Responding Appropriately to Self-Neglect
Chair: Sherry Baker, Executive Director, BC Association of Community Response Networks

Mental Health Act vs Adult Guardianship Act?
Amanda Brown, ReACT Protective Services, Vancouver Coastal Health &
Heather D’Oyley, Geriatric Psychiatrist and Physician Lead, Vancouver Community Older
Adult Mental Health and Substance Use

Recognize and Respond to Self-Neglect: ReAct Adult Protection Curriculum
Amanda Brown, ReACT Protective Services, Vancouver Coastal Health & So Han Yip,
Providence Health Care

2:30pm-2:45pm    Coffee Break

2:45pm- 4:00pm    Concurrent Symposia

Symposium 10: Segal Centre Rooms 1400-1410
Integrate Research and Practice: Speed Up the Spread of P.I.E.C.E.S.TM
Chair: TBA

MaryLou Harrigan, Project Manager, Provincial Tertiary Mental Health P.I.E.C.E.S™
Project.
Anita Wahl, Clinical Nurse Specialist-Residential Care & Lead – Antipsychotic and
Polypharmacy Reduction & P.I.E.C.E.S. Initiatives, Fraser Health
Lillian Hung, Clinical Nurse Specialist-Gerontology and Mental Health, Vancouver
Coastal Health

Symposium 11: Segal Centre Rooms 1420-1430
Promoting Aboriginal Seniors’ Mental Health
Chair: Tina Strudsholm, Research Manager, The Strength Within: Suicide Prevention in Northern BC, Carrier
Sekani Family Services & School of Health Sciences, University of Northern BC

Promoting the Mental Health and Wellbeing of Nak’azdli Whut’en Elders
Jenny Martin, Director & Carrie Nash, Assistant Director, Nak’azdli Health Centre, Prince
George, BC

Building Relationships between Elders and Youth Through Digital Storytelling: The
Nak’azdli Lha’hutit’en Intergenerational Digital Story Telling Project
Shannon Freeman, Assistant Professor, School of Nursing, University of Northern BC &
Simone Hausknecht, PhD candidate, Faculty of Education, SFU

4:00pm-5:00pm    Symposium & BCPGA AGM
Symposium 12: Segal Centre Room 1400-1410
Educating BC Health Care Workers to Support Individuals with Dementia and Mental Health Disorders
Chair: Sarina Corsi, Senior Consultant, Education Assessment, BC Care Aide & Community Health Worker
Registry
The Evolving Role of Health Care Assistants

**Lara Williams**, Consultant, Education Assessment, BC Care Aide & Community Health Worker Registry

Provincial Curriculum Requirements in Relation to Dementia and Mental Health Disorders

**Santina Milia**, Instructor, Health Care Support Worker Program, Douglas College

Supporting New Graduates and Implementing this Education in the Workplace

**Anita Wahl**, Clinical Nurse Specialist for Residential Care, Fraser Health

BC Psychogeriatric Association Annual General Meeting: Segal Centre Rooms 1420-1430

5:00pm-6:00pm  Reception and Cash Bar (Location TBA)

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*** Program subject to change