

# Support Group Facilitators

**Please note:** This role is usually not suitable for college/university students.

**Summary:** A support group facilitator (or co-facilitator) facilitates a caregiver support group meeting, communicates with the local Support and Education Coordinator on a regular basis, maintains group attendance records and use Alzheimer Society materials to provide information to the group.

**Responsibilities:** Are you interested in making a real and profound difference in the lives of people caring for a family member with Alzheimer's disease or a related dementia? Come join our team of dedicated support group facilitators.

Our support groups operate on an information and mutual aid model and are based on the philosophy that people with similar issues are in a unique position to offer support to others on the same journey. The objective of our groups is to strengthen the coping abilities of caregivers and reduce the impact of dementia on the community. Extensive training is provided.

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A time commitment of 3 to 6 hours per month (determined by group schedule) is required, plus time to meet with Alzheimer Society staff as required.

**Please note: A criminal record check is required prior to beginning to volunteer.**

**Benefits:** This is a fantastic opportunity to enhance facilitation skills, increased understanding of Alzheimer's disease and caregiving issues, knowledge that you are aiding the Alzheimer Society in being able to offer a variety of specialized support groups. Knowledge that you are playing an integral role in helping those who are struggling to cope with Alzheimer's disease or a related dementia and enriching the lives of others. Ongoing training and development opportunities

**Qualifications:** Excellent listening and interpersonal skills, high comfort level in facilitating group discussion, basic understanding of the issues surrounding caring for a person with dementia and a willingness to learn more, good problem-solving skills, personal maturity and a belief in self-help values, good time management skills, basic computer skills an asset (email, word, excel)

\*Please contact Julie Cameron, Volunteer Coordinator at 250-382-2052 or [jcameron@alzheimercbc.ca](mailto:jcameron@alzheimercbc.ca)