



PROVINCIAL  
CONFERENCE & ANNUAL  
GENERAL MEETING

**“WHAT REALLY MATTERS:  
THE SENIOR’S PERSPECTIVE.”**

**APRIL 12<sup>TH</sup> - 14<sup>TH</sup> 2018**

**Thursday, April 12<sup>th</sup>**  
Evening Reception

**Friday, April 13<sup>th</sup>**  
Full Day Conference  
Annual General Meeting

**Saturday, APRIL 14<sup>TH</sup>**  
Half Day Conference



**11 BASTION STREET, NANAIMO, B.C.  
VANCOUVER ISLAND, CANADA  
V9R 6E4**

**PH: 250.753.6601**

**FAX: 250.753.4155**

**RESERVATION LINE:**

**1-800-663-1144**

**CONFERENCE VENUE AND ACCOMODATION:**

Conference room rates are available.

Identify yourself as a participant of GNABC. Rate is available for 3 days prior to and 3 days following the conference on April 12, 13, 14<sup>th</sup> 2018 should you wish to extend your stay. Reservations will be accepted at the rates below 30 days prior to the event based on availability.

Comfort, two double beds – single or double rate \$139

Superior, two double beds – single or double rate \$154

Superior, one queen bed - single or double rate \$154

Premium, one king bed - single or double rate \$169

**FOR MORE INFORMATION AND REGISTRATION FORMS PLEASE VISIT OUR WEBSITE @:  
[www.gnabc.com](http://www.gnabc.com), or contact Linda Borza, Central North Island GNABC Conference Chair,  
@: [lindaborza@shaw.ca](mailto:lindaborza@shaw.ca)**



GNABC CONFERENCE SCHEDULE  
APRIL 12<sup>TH</sup> – APRIL 14<sup>TH</sup>, 2018

## REGISTRATION FORM 2018 Provincial Conference

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ PC: \_\_\_\_\_

Telephone #: \_\_\_\_\_ Email: \_\_\_\_\_

Occupation: \_\_\_\_\_

GNC(C) Yes: \_\_\_\_\_ No: \_\_\_\_\_

Attending Welcome Reception/ Care for the Caregiver? Thursday, April 12, 2018 (7-9pm)

Yes: \_\_\_\_\_ No: \_\_\_\_\_

### REGISTRATION FEES: (Mail in Only)

**Registration Deadline is APRIL 5, 2018 – NO REFUNDS**

GNABC Members: \_\_\_\_\_ \$140.00    Non-Members: \_\_\_\_\_ \$155.00    Students: \_\_\_\_\_ \$100.00

**\*\* Membership application form is available on the GNABC website at [www.gnabc.com](http://www.gnabc.com)\*\***

Cheques payable to:

**Gerontological Nurses Association of BC**

Mail completed registration form and cheque to:

**Joyce Taekema**

**215 Cilaire Dr., Nanaimo, BC V9S 3E5**

**You will receive an email confirmation and receipt from [taekema@shaw](mailto:taekema@shaw).**

**\*Prize Draw for EARLY BIRD REGISTRATION\*  
(if registration received is postmarked on or before March 12, 2018)**

### YOUR REGISTRATION INCLUDES:

**Thursday -Welcome Reception/Care for the Caregiver  
Friday – Continental Breakfast, Refreshments & Lunch  
Saturday – Continental Breakfast & Refreshments**

# GNABC CONFERENCE SCHEDULE

## APRIL 12<sup>TH</sup> – APRIL 14<sup>TH</sup>, 2018

<b>THURSDAY, APRIL 12<sup>TH</sup>, 2018</b>	
19:00 - 21:00 Malaspina Room	Early registration & meet and greet: “Care for the Caregiver.”
<b>FRIDAY, APRIL 13<sup>TH</sup>, 2018</b>	
07:00 - 08:15 Ballroom	Registration, continental breakfast & sponsor exhibits.
08:15 - 8:30	<b>Opening Remarks:</b> GNABC Provincial President, Catrin Brodie, RN, MN, GNC (C). Welcome from Snuneymuxw First Nations Elder.
08:30 - 9:30  Keynote Speaker  	<b>Heather Cook, BScN, MN, “BC Seniors: Issues and Priorities.”</b> Heather Cook has always had a passion for working with seniors and has been in the healthcare field since 1979 when she was a Care Aide in Victoria, B.C. Heather obtained her RN Diploma in 1982, her BScN in the 1990’s, and achieved a Master’s of Science in 2000. Since then Heather has worked in various senior roles in Island Health, (Director, Residential Care, Executive Director, Residential Care, Assisted Living, Acquired Brain Injury; in Fraser Health - (Chief Nursing Officer and Executive Director) and in Interior Health (Acute and Community Services). Throughout her career Heather has been involved in research, including a role as the Scientific Officer at the Canadian Institute of Health Research in Ottawa. Heather currently is the Director for Systemic Reviews and Research in the Office of the Seniors Advocate of BC.
09:45 - 10:45	<b>Dr. Jane Saunders PHD, MMed, FCPC (General &amp; Geriatric Psychiatry), FCPsych, DCH, MBChB.</b> <b>“Anxiety, Depression and Loss Affecting the Older Adult.”</b> Dr. Jane Saunders is a Geriatric Psychiatrist working in the Cowichan Valley. She is Medical Director of the Cowichan Lodge Seniors’ Tertiary Mental Health Unit and Medical Lead for Tertiary Mental Health for Island Health. Dr. Saunders is originally from South Africa where she did her undergraduate and postgraduate training, including interventions for the behavioural complications of dementia.
10:45 - 11:15	Stretch break, refreshments & door prizes.
11:15 - 12:15	<b>Roseanne Bethune, PHD, RN.</b> <b>“Reflections on What Matters to those Seeking an Assisted Death (MAiD).”</b> Dr. Rosanne Beuthin, RN, PhD completed her post graduate nursing at the University of Victoria and is an adjunct professor. She works as a nurse consultant for Island Health and has been the coordinator for the Medical Assistance in Dying Program since 2016. She has been involved with research into advanced illness since 2009, and has focused on metaphor, spirituality, and death and dying. She is currently funded for two narrative studies related to assisted dying. Rosanne’s goal has been and continues to be inspiring relational practice and ethical care. Her practice reflects a heartfelt conviction that we are the other and are all connected. She is an advocate for patient choice and believes it crucial that we invite, honor, and lean into patient stories; that we hear and accept each individual’s unique lived experience without judgement.
12:15 - 13:30	Buffet lunch, GNABC AGM, sponsor exhibits and door prizes.

# GNABC CONFERENCE SCHEDULE

## APRIL 12<sup>TH</sup> – APRIL 14<sup>TH</sup>, 2018

13:30 - 15:00	<p><b>Nicole Tremblay, MSW, MPA.</b>  <b>“Providing Inclusive and Affirming Care to LGBTQ2 Seniors.”</b>  Nicole Tremblay is a Clinical Social Work Educator with Island Health. She’s been providing education and practice support in Adult Mental Health and Addiction and Seniors Strategy for the past 8 years. Over her 20+ years as a social worker, Nicole has worked in a diverse range of settings across the lifespan. She received her Masters in Public Administration from UVIC in 2006 in order to better understand and advocate for policy and systems changes that support individual health and well-being.</p>
15:00 - 15:15	Stretch break, refreshments & door prizes.
15:15 - 16:15	<p><b>Tania Dick RN, MN.</b>  <b>“Cultural Considerations: First Nation Elders”</b>  Tania Dick hails from the Dzawada’enuxw First Nations of Kingcome Inlet. Her entire career has been spent in rural and remote nursing, specializing in Emergency and Aboriginal health. She currently works full time as a general duty nurse in her father’s rural village of Alert Bay, BC, and has held the position of President of the Association of Registered Nurses of BC (ARNBC) since June of 2017.</p>
<b>SATURDAY APRIL 14<sup>TH</sup>, 2018</b>	
07:30 - 8:30 Ballroom	Registration, continental breakfast & sponsor exhibits.
08:30 - 09:30	<p><b>Lanai Vek, Board Certified Geriatric Pharmacist.</b>  <b>“The Problem of Polypharmacy: is Your Patient Taking too Many Medications?”</b>  Lanai Vek is a board certified geriatric pharmacist who currently works in the long-term care setting. Her special interests include palliative care and reducing polypharmacy. She has been involved in several projects in different communities in which she works, including the CLeAR Initiative to reduce antipsychotics, the Shared Care Provincial Polypharmacy Initiative, and the Residential Care Initiative with local physicians and long-term care partners. She is a lifelong learner who enjoys passing on her knowledge by providing education at work and in the community</p>
09:30 - 10:00	Stretch Break, refreshments & door prizes.
10:00 - 11:00	<p><b>Dr. John Coyle, Geriatric and Internal Medicine.</b>  <b>“Parkinson’s Disease: The Geriatrician’s Perspective.”</b>  Dr. Coyle is a UK trained Geriatric and Internal Medicine physician, working with the Geriatric Specialist Service in Nanaimo since 2015. During training and since starting as a Geriatric specialist in 1999, Dr. Coyle has been involved in care of Parkinson’s patients, including setting up dedicated clinics and working with therapy and nursing colleagues to improve Parkinson’s care. Dr. Coyle is also involved with the stroke service at Nanaimo Regional General Hospital, and when in the UK had various managerial roles within the local health community.</p>
11:15 - 11:45	<p><b>Video Presentation: Brittany Ens and Emily Richards</b>  <b>“What Really Matters: Older Adults’ Voices.”</b>  This presentation is part of a joint research project with The Vancouver Island University 4<sup>th</sup> year students and the Central/North Vancouver Island Chapter of the GNABC. The project purpose is to gain insights into what is considered important or impactful in person-centered care; asking what really matters most to older adults living independently in the community.</p>
11:45 - 12:00	Closing remarks, evaluations & final door prizes.